

# CAMERON COUNTY PUBLIC HEALTH

Esmeralda Guajardo, MAHS  
Health Administrator



James W. Castilla II, MD  
Health Authority

For Immediate Release

March 21, 2020

Contact: Eddie Trevino, Jr., Cameron County Judge, (956) 544-0830  
Esmeralda Guajardo, Health Administrator, (956) 247-3685

## **Cameron County Confirms Four More Travel Related COVID-19 Cases**

Cameron County Public Health has received confirmation of four additional travel-related cases of COVID-19. The cases include a 57 year-old female from Harlingen, a 20 year-old male from Brownsville, a 21 year-old male from Rancho Viejo, and a 20 year-old female from Brownsville. All cases report having traveled out of the United States. The individuals are currently under home isolation. The 57-year old female is not linked to either of the first two travel-related cases reported in Cameron County, while it appears the other three cases are related to the first travel-related case reported in Cameron County.

Cameron County Public Health continues operations as part of the COVID-19 response plan and is conducting the epidemiological investigations to identify others who may have been exposed and test the individuals showing signs and symptoms. Cameron County Public Health will continue to monitor the situation and provide updates as they are received.

Cameron County continues to emphasize the importance of following prevention methods:

- Practice physical distancing by keeping your distance 6 feet from others.
- If you are sick, call your doctor and home isolate.
- Do not go outside the home unless it is absolutely necessary.
- Practice good hygiene practices for everyday prevention measures, including frequent handwashing.
- Covering when coughing or sneezing.
- Avoid touching eyes, nose or mouth with unwashed hands.

For information on coronavirus, please contact the Cameron County Coronavirus Hotline at (956) 247-3650, Monday through Friday 8:00 a.m. to 8:00 p.m., or refer to the Cameron County Public Health website for more information and updates at <http://www.cameroncounty.us/publichealth/index.php/coronavirus/>. Additionally, it is encouraged to visit the Centers for Disease Control and Prevention website at <https://www.cdc.gov/> for daily updates.

-#-